



**Dear reader**

The European Thematic Conference "Promotion of Mental Health and Well-being in Workplaces" at the beginning of March 2011 in Berlin concluded the 8th ENWHP initiative "work in tune with life. move europe". The campaign ran from October 2009 to December 2010.

National Move Europe websites were set up at the beginning of the initiative and went online in 18 European countries. The Edinburgh Declaration states the commitment of the members of the European Network for Workplace Health Promotion (ENWHP) to continue to campaign for the promotion of workplace mental health and wellbeing, and to include it as an integral and central aspect of their workplace health promotion efforts.

During the course of this campaign there were also three guideline brochures produced to help employers and employees to implement measures to promote good mental health at work and to convince European stakeholders and companies that it is necessary and worthwhile to invest in programmes that help improve employees' mental health.

About 2000 enterprises participated - public administrations, schools, hospitals, small and larger companies, at both beginner and advanced level - and they actively supported the campaign as a "Move Europe Partner". During the course of the campaign, the Network identified and evaluated around 20 Models of Good Practice from 18 participating countries and 15 of these were selected to present their activities at the European Mental Health Pact Conference in Berlin.

**The results of the campaign "work in tune with life. move europe" and an overview of the European conference can be seen here:**

**The Edinburgh Declaration on the Promotion of Workplace Mental Health and Wellbeing**

[more...](#)

**Guides for Mental Health at the Workplace**

[more...](#)

**Good practice in the Prevention of psychosocial risks**

[more...](#)

**Invited Papers for the EU Thematic Conference**

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**Back documents and presentations of the European Thematic Conference "Promotion of Mental Health and Well-being in Workplaces"**

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**Conclusions and Recommendations for Action from the perspective of the conference organizers**

[more...](#)

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